

Safe Working at Heights

Work Safely At Heights- RIIOHS204A

Course Overview

This nationally recognised course uses the combination of both theory and practical training to provide participants with the necessary knowledge and skills required to work safely at heights utilising various forms of fall protection.

Course Outline

- Course introduction and enrolment
- Reference documents / legislation
- Statistics of working at height
- Definitions
- Connectors
- Energy absorbers
- Harnesses – inspection, fitting & use
- Fall arrest devices
- Roles and responsibilities of key personnel
- Risk management
- Fall prevention methods
- Fall prevention options
- Estimating fall distances / clearances
- Emergency procedures
- Anchor point requirements
- General safety points
- Use of ladders
- Service & inspection requirements
- Practical exercises performed (various height applications)
- Assessment of students' competence

Course Duration

1 day

Outcome

Upon successful completion of the course, each student will receive a nationally recognised Statement of Attainment.

Location

Training is conducted at WPTC facilities located in Arndell Park.

Training can also be conducted onsite with the following requirements;

- Suitable training room with tables, chairs and whiteboard
- Suitable working at heights scenario for practical exercises

Investment*

\$250.00 per person for public course (GST exempt)

*For costing relevant to onsite training please phone 02 9622 6060