



First Aid Training – One Day Flexible Learning

HLTFA301B - Apply First Aid

HLTCPR201A- Perform CPR

Course outline

The course previously known as Senior First Aid covers first aid principles, CPR, Basic Emergency Life Support and First Aid. This training will provide participants with the skills and knowledge to perform emergency and basic first aid in the workplace as well as the home.

Outline

This course includes 2 components: individual self study from a workbook, and one day participation in classroom training, which includes practical training and assessment.

This course would suit a person that favours home study or someone who is unable to attend a two day course, but does have ample time to study in their own time.

Course content

- Principles of First Aid
- Life Support & Management of Common Medical Emergencies
- Bleeding Control & Asthma, Diabetes
- Shock, Strong & Fractures and Soft Tissue Injury
- Managing Burns
- Poisons, Bites & Stings
- Exposure to Extreme Temperatures
- Bandaging & Slings
- Includes full CPR training
- Use of EpiPEN (Anaphylaxis action plan)
- Demonstration in the use of an AED (Automatic Defibrillator)

Pre-requisites

Students must be over 14 years of age.

Assessment

A theory and CPR assessment is undertaken at the end of the training.

Outcome

Upon successful completion of the training course a Statement of Attainment is issued. This is valid for 3 years. The Perform CPR unit needs to be completed every 12 months.

Course requirements

Photo Identification (e.g. Drivers Licence, RTA proof of age card or passport)
Covered footwear

Cost

\$120 per person (gst free). This fee includes all texts and assessment material.

Questions

For further information please call (02) 9622 6060 between 8.30am- 5pm or email admin@wptc.com.au